

Tyndall College Carlow Substance Policy 2020 – 2021



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Mr. Gerry McGill

Deputy Principal
Ms. Emer Morrissey

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Abbreviations

AUP	Acceptable Usage Policy
BOM	Board of Management
CAMHS	Child and Adolescent Mental Health Services
CRYS	Carlow Regional Youth Services
CSPE	Civic, Social and Political Education
DEIS	Delivering Equality of Opportunity In Schools
EAL	English as an Additional Language
HSCL	Home School Community Liaison
HSE	Health Service Executive
ICT	Information Communication Technology
JLO	Juvenile Liaison Office
PE	Physical Education
RE	Religious Education
RSE	Relationship and Sexuality Education
SNA	Special Educational Needs Assistant
SPHE	Social Personal Health Education
TY	Transition Year
YARC	Youth At Risk Carlow



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Tyndall College Mission Statement

“Tyndall College provides excellent second level education in a student-centered, co-educational environment. It is our intention to lead students on their journey to reach their individual potential and to encourage them to make a positive contribution to society.”

Motto

Everyone Is Welcome Here

Scope

This policy, while aimed primarily at students, applies to the entire college community including teachers, staff, admin staff, instructors, other employees, parents/guardians, visitors, and any users of the college’s premises/facilities.

Definition of School/College

For the purpose of this policy the ‘school//college’ is defined to include the entire campus and from the main gateway to the red brick house – Irish Wheelchair Association on the Carlow Town side to Realta Clinic on the Kilkenny Roadside.

The policy applies.

During normal school opening hours, including scheduled breaks.

To all school-related activities and events, break times, lunch times, extracurricular activities, tours, and times where students are deemed to be associated with or representative of the school for any reason.

To students, staff and supervisors involved in school related activities, including trips outside of the school, for the duration of the time these activities are taking place, both during school times and during school – related activities.

On occasions when the school is open outside of these times, e.g., open night, events outside of school times, etc.

Rationale

Tyndall College is committed, through its Mission Statement, to promoting a secure and caring community. A whole-school approach to Substance Use necessary to ensure that all students are offered appropriate support, guidance, and care to underpin their education.



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Tyndall College in recognising its duty of care to the whole school community, has drafted this policy. The policy covers the use by anybody within the school grounds, campus, its environs or on school related events, of both legal and illegal substances such as but not limited to:

Legal regulated substances, e.g., tobacco, Vape, alcohol, solvents, prescription and over the counter drugs/medicines or other physical/psychological altering substances.

Illegal substances including, but not restricted to, marijuana, cannabis, cocaine, L.S.D., methadone, heroin, ecstasy, narcotics, hallucinogens, amphetamines etc, or any other physical/psychological altering substances or products.

Aims and Objectives.

- To promote in the college a greater awareness, understanding and clarity on the dangers of drug/alcohol/addictive substance misuse.
- To enable students and others to make healthy and informed choices.
- Through a whole school health promotion approach facilitated by our wellbeing programmes, build the capacity of our young people to take charge of their own physical and mental health and enable students and others to make healthy and informed choices.
- To provide a clear framework for all staff in dealing with incidents of drugs/alcohol abuse.
- To train and inform staff on matters relating to the use/abuse of drugs, alcohol, and tobacco so as to equip them with necessary knowledge and skills in the area, to discourage students from resorting to these substances at all (drugs and tobacco) and only in moderation (alcohol) and to discharge the board of management's duty of care to staff and students by creating a workplace that provides for the safety, health and welfare of those who attend there.
- To strengthen existing partnerships with public bodies and build new partnerships to tackle the problems of drug/alcohol misuse.
- That all staff are aware of the laws relating to alcohol, tobacco, and drug use as they relate to themselves, to the school and to students as per KCETB and Department of Education, rules, laws and protocols.



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The Substance policy takes cognisance of and operates in conjunction with other Tyndall College Policies including –

- Code of Positive Behaviour
- Critical Incident Policy
- Delivering Equality of Opportunity in Schools DEIS Plan
- Child Protection and Safe- Guarding Statement
- Anti-Bullying Policy
- New Staff
- The Guidance Plan
- Health Care Policy
- Intimate Care Policy
- Special Educational Needs Policy
- Admissions Policy
- Digital Learning Plan
- Pastoral Care Policy
- SPHE Policy
- RSE Policy
- Acceptable Usage Policy
- GDPR

The Substance Policy has been developed in line with best practice, with guidance from Department of Education documents underpinned by relevant legislation including:

- Bunreacht na hEireann
- Education Act 1998
- Education Welfare Act 2000
- Education for Persons with Special Educational Needs 2004
- Equal Status Act 2004
- Disability Act 2005
- Guidelines for Second Level Schools on the Implications of Section 9 (c) of the Education Act 1998, relating to students' access to appropriate guidance.
- Anti-bullying Procedures 2013
- Wellbeing in Post-Primary Schools 2013
- Education and Training Boards Act 2013
- Wellbeing in Post-Primary Schools: Guidelines for Mental Health Promotion and Suicide Prevention 2013
- Student Support Teams in Post-Primary Schools 2014
- Guidelines for Well-Being in Junior Cycle 2017



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- Children First: National Guideline on the Welfare and Protection of Children
- Child Protection Procedures for Primary and Post-Primary Schools 2017
- Step by step guide to managing educational institution risk for students with medical conditions, Republic of Ireland, IPB insurance
- <https://www.into.ie/ROI/ManagingChronicHealthConditionsatSchool/ManagingChronicHealthConditionsatSchoolResourcePack.pdf>
- Guidelines for Developing a School Substance Use Policy Department of Education and Science
- Public Health Tobacco Act 2002, Section 47 (as amended) and the Tobacco Smoking (Prohibition) Regulations 2003.
- The National Drugs Strategy, 'Building on Experience' 2001 –2008 is now Government policy and it requires schools to have a substance use policy in place
- Public Health (Tobacco) Act 2004
- Misuse of Drugs Act (1977, 1984, 2015)
- Better Outcomes Brighter Futures The National Policy Framework for Children and Young People 2014-2020
- Department of Health Reducing Harm Supporting Recovery 2017-2025
- Circular 43/2018 Best Practice guidance for post primary schools in the use of programmes and/or external facilitators in promoting wellbeing consistent with the Department of Education and Skills Wellbeing Policy Statement and Framework for Practice
- Circular 48/2018 Revised Procedures for Suspension and Dismissal of Teachers and Principal
- The Code of Professional Conduct for Teachers published by the Teaching Council in accordance with section 7(2)(b) of the Teaching Council Acts, 2001-2015

Tyndall College's position on Substance Use/Abuse

Tyndall College is committed to the health and safety of all staff, students and users of College facilities.

Tyndall College does not condone the misuse of drugs or alcohol or prohibited substances by students, staff or users of its facilities, nor the illegal supply of such substances.

Tyndall College seeks to educate students about the dangers of substance misuse.

Tyndall College recognises that it has a duty to inform and educate its students of the consequences of drug use and misuse and takes a proactive stance on the matter believing that Health Education is a vital element in the personal and social development of every student.



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Fundamental to Tyndall Colleges values is the principle of sharing the responsibility for the education of students with parents/guardian by keeping individual parents/guardian informed of any known involvement by their child with illegal substances. Cooperation and communication between parents/guardian, students and the school is essential for the effective implementation of this policy.

Whilst the Tyndall College notes that the number of young people who misuse substances is rising, it is important to recognise that the vast majority of young people choose not to do so. Tyndall College continues to support the differing needs of students on this issue.

Managing a substance incident, it is important in all suspected or confirmed substance use incidents that a limited number of people are involved in managing the incident. People will be informed on a “need to know” basis. The Principal, Deputy Principal and person/s directly involved in the case will be informed and all written documentation and will be held confidentially by the Principal.

Drugs/Alcohol/Substance Related Incidents procedures.

Tyndall College considers that substance misuse or supply in school building or on school campus/grounds (henceforth referred to as the school) or on school related activities are very serious infringements of the College’s rules and regulations as set out in the Tyndall College Code of Positive Behaviour. In all such cases the Principal will discuss the matter with the Chair of the Board of Management. The Board of Management have a range of sanctions available to it, which could include permanent exclusion from the school.

The school authority must seek to balance the interests of the student(s) involved with those of other students and staff and the local community. The school authority must seek to balance its response to drug/alcohol related activity between pastoral and disciplinary measures. Tyndall College affirms that it should ensure that the rules of natural justice apply in the context of dealing with issues of drug/alcohol misuse and that the procedures outlined in the Tyndall College Code of Positive Behaviour.

The Principal should be the first point of contact when reporting a possible incident. If the Principal is not available, the Deputy Principal or Assistant Principal (Acting on behalf of Principal) should be the next to be contacted.

For Child Protection related issues see section below on Child Protection for further information.



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If a report is made to the school by staff, a parent, a student or a member of the community about alleged drug/alcohol/addictive substance misuse a “Substance Abuse Incident Report Form” (Appendix 1) should be filled in with the facts and signed by the complainant and handed to the Principal before further action is taken. (To be filed with the student records). If the complainant is not prepared to make such a statement, he/she should be advised to bring the complaint to the Gardaí.

When a staff member identifies a substance use incident, it is important not to under or overreact. All professionals working with young people should be competent to engage in the identification of substance use or misuse. (Appendix 2 signs of substance misuse). It is important in all suspected or confirmed substance use incidents that a limited number of people are involved in managing the incident and that the dignity of the student(s) is respected at all times. People will be informed on a “need to know” basis. The support systems available within the school shall be used as an initial response to any incident.

In all such cases of misuse and/or supply of drugs/alcohol, the Principal / Deputy Principal or other Assistant Principal (Acting on behalf of Principal) shall collect all information relevant to the incident and accurate records shall be kept.

Where the suspicion of drug/alcohol misuse has been confirmed and/or is supported by evidence the Principal must be informed immediately and a “Substance Abuse Incident Report Form” (Appendix 1) filled in with the facts and any statements taken.

In the case of any misuse of drugs/alcohol/substance, the parent/guardians shall be informed in a confidential manner unless there are exceptional circumstances as soon as the information is gathered and the student may be suspended pending a decision of the Board of Management.

The HSE, Carlow Regional Youth Services, (CRYS) or other agencies may be contacted for advice and assistance.

Where a suspicion of the Misuse of Drugs Act 1977, 1984 and 2015 and any other relevant acts have been infringed, advice from the Gardaí may be sought and their involvement in the issue could be necessary. Contact details of the student and the student’s parent(s)/guardian(s) may be given to the Gardaí if required.

For more see The Tyndall College Code of Positive Behaviour



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Responses to Specific Incidents as per Tyndall College Code of Positive Behaviour

Code of Positive Behaviour

Prohibited items

- Alcohol, illegal drugs and stolen items
- Tobacco, cigarette papers, e-cigarettes,
- Any article that a member of staff reasonably suspects has been, or is likely to be, used to commit an offence or cause personal injury to or damage to the property of any person (including the pupil)
- Any other items as defined in law from time to time.
- Any other items as proscribed by the Board of Management from time to time.
- This list is not exhaustive.

Smoking/Vaping

- Smoking or Vaping is strictly prohibited in the school building or on school grounds.
- Breaches of these rules will result in automatic suspensions.
- Please note school authorities do not need to see a student smoking/vaping or with the item in hand.
- Items including vapes/canisters/tobacco/lighters/papers, (this list is not exhaustive) will be confiscated and destroyed. Parents/guardian will be contacted.
- Cigarettes/rollies/papers/vapes/e-cigarettes (or any vaping/smoking apparatus), found on school campus, will be confiscated and may be handed over to Gardaí.

See Code of Positive Behaviour for more

Alcohol or other substances

Having alcohol or other drugs/illicit substances in the school building or on the school grounds/campus is a serious breach of the Code of Positive Behaviour and is strictly prohibited.

If any student is suspected to be under the influence of alcohol or drugs/illicit substances on the school premises, the parents/guardians will be informed immediately and asked to remove the student, having firstly ensured the safety of the student.

Alcohol, illegal drugs, solvents or any substances or materials suspected to be 'illicit', found in the school building or on the school campus, will be confiscated and may be handed over to Gardaí.



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Exceptions: Staff use of alcohol in cooking, laboratory experiments and general laboratory usage. Prizes for raffle may only be collected by a designated adult.

For More see Tyndall College Code of Positive Behaviour

Single Incident

A single incident of serious misconduct may be grounds for expulsion.

There may be exceptional circumstances where the Board of Management on the recommendation of the Principal forms the opinion that a student should be expelled for a first offence.

The kinds of behaviour that might result in a proposal to expel on the basis of a single breach of the code could include but is not limited to:

Supplying illegal drugs/substances to others in the school.

The sale, supply or use of illegal substances on school grounds or in school uniform out of school.

All notification of suspensions/expulsions will be administered and managed formally in writing. Notification of expulsion will be communicated in writing to the Educational Welfare Officer and Tusla.

For More see Tyndall College Code of Positive Behaviour

In School Searches

The Principal may authorise the searching of a pupil's locker or school property without the consent of the pupil. Searches, with or without consent, should only be undertaken when there are reasonable grounds for suspecting that a pupil has a prohibited or stolen item in their possession.

The Principal / Deputy Principal or a Assistant Principal may request a pupil to show the contents of their schoolbag / pockets, outer clothing, pencil case or any personal property.

Where the principal, or staff authorised by the principal, find anything which they have reasonable grounds for suspecting is a prohibited item, they may seize, retain and dispose of that item as appropriate. The principal may contact the Gardaí for advice on how best to proceed.

For More see the Tyndall College Code of Positive Behaviour



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Prescribed Medicines

Parents/Guardians have complete responsibility for the safe management of their child's medication at all times.

Tyndall College does not carry any supply of paracetamol.

Non-prescriptive medicines will neither be stored nor administered to students in Tyndall College.

Many students will need to take medicines during the day at some time during their time in school. This will usually be for a short period only, perhaps to finish a course of antibiotics or to apply a lotion. However, such medicines should only be taken to school where it would be detrimental to a child's health if it were not administered during the day.

Tyndall College does not permit any student to carry medicine about their person at any time during the school day. This includes students taking a short course of medicine e.g. antibiotics or medicines for chronic/long term conditions. The only exceptions to this are students may carry their asthma inhaler, where students have been fitted with an Insulin Pump for Diabetes or epi pens for students suffering with anaphylaxis. In this case the parents/guardians must have completed the Request for student to carry his/own medicine form and a Health Care Plan is in place.

Please note that students carrying medicines will be expected to store and use their medicines responsibly and not abuse, share or give their medicine to others. If a student misuses medication, either their own or another student's, their parents/guardians are informed as soon as possible. These students are subject to the school's usual disciplinary procedures.

Arrangements must be made for the storing administrations of medicines requiring needles, students are not permitted to take injections about the school building/grounds or toilets.

With certain conditions it may be necessary for Senior Management Team, Year Head, Special Educational Needs Coordinator etc to consult with the student to ensure they have taken their medication that day. If a student, prescribed medicine for specific conditions which must be taken during the school day as per medical direction fails to comply they may be asked to leave the school and an appointment will be made with the parent/guardian to resolve the situation before they may return.

For More see Tyndall College Health Care Medical Policy and the Tyndall College Code of Positive Behaviour.



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Internet & Acceptable Usage Policy (IAUP) & Substance Policy

Tyndall College computer network is intended for educational purposes. Access to ICT is considered a school resource and a privilege. Therefore, if the school IAUP is not adhered to, this privilege will be withdrawn and appropriate sanctions, as outlined in this IAUP, will be imposed. All activity over the network may be monitored and retained.

Pupils are not permitted to visit internet sites that contain obscene, illegal, hateful or otherwise objectionable materials.

Students are expected to communicate with the same appropriate, safe, mindful and courteous conduct online as offline.

Pupils will not send any material that is illegal, obscene, and defamatory or that is intended to annoy or intimidate another person.

For more see Tyndall College Internet Acceptable Usage Policy

Please note students are not permitted to have their mobile phones in school. Please see Tyndall College Mobile Phone Policy for more.

Staff & The Prohibition of Smoking, Drugs & Alcohol

In line with smoking legislation, smoking is strictly prohibited in the College and on the campus.

Working or reporting to work while misusing prescribed medication or being at work while under the influence of an illegal drug, non-prescribed medication, alcohol, intoxicant, mood altering substance or being in an impaired or unfit condition is strictly prohibited.

For more on professional conduct please refer to the Teaching Council Code Professional Conduct for Teachers.

If an employee comes to work under the influence of any of the above or, is thought to have consumed them during the work day, the Principal shall take the necessary steps in line with KCETB Protocols and Circular 48/2018



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Education and Promotion of Health and Wellbeing in Tyndall College

All staff of Tyndall College are responsible for the safety and education of students in the area of Health and Wellbeing across Junior and Senior Cycle

The following subjects' and areas by their very nature play a particularly prominent role

- Social Personal Health Education SPHE
- Home Economics
- Science
- Civic, Social and Political Education CSPE
- Physical Education PE
- Religious Education RE
- English and English AL
- Wellbeing Programme
- TY Programme – For more see TY Policy
- Guidance – For more see Guidance Plan

Wellbeing Programme

In line with Junior Cycle 2015 Tyndall College has a fully implemented Wellbeing Programme which is embedded in the curriculum and visible to students.

It includes learning opportunities to enhance the physical, mental, emotional, and social wellbeing of students.

Through the Wellbeing programme students engage with and learn about issues around substance misuse in both general and specific terms.

There are certain subjects and areas that address and educate students on substance misuse and healthy life choices, these include SPHE/RSE CSPE, PE, Guidance, Modules, Tutorial etc.

When and where appropriate Tyndall College brings in external speakers and organisations to supplement this. (Use of external speakers is fully compliant with requirements of circular 43/ 2018).



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Wellbeing and SPHE /RSE

It is important to note that as part of the Wellbeing Programme students in the subject of SPHE learn about the different types of legal and illegal drugs, how they can affect our bodies and the impact this can have on their lives from a social, personal and legal perspective.

As teenagers may experience peer pressure to engage in underage drinking and drug taking without realising its consequences, the SPHE programme aims to enable the students to make more informed decisions.

Students will demonstrate the social and personal skills to address pressures to smoke, drink alcohol or engage in substance misuse.

Students will also be made aware of information and supports available for young people in relation to substance use.

For more See Tyndall College SPHE Policy

Parent/Guardians

Talks, presentation and information around substance misuse are organised from time to time by HSCL, the School and by the Parents Association.

Names, addresses and telephone numbers of support agencies are available in the school. These are brought to the students' attention at appropriate times during the Health Education / Wellbeing programme.

Tyndall College works in partnership with students, parents/guardians, community groups, the HSE, Gardaí and other agencies in dealing with the potential issue of substance misuse.

Tyndall College expects that parents/guardians will co-operate fully with the school in any instances where such co-operation is required.

The Tyndall College Parent/Guardian Handbook provides further information around supports.



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Child Protection

It is school policy in line with national laws and guidelines that where a student is considered at some risk of any type of abuse or in breach of the law, the mandated person (eg class teacher/ sna) must refer this immediately to Mr McGill the Designated Liaison Person and school Principal. If he is not available the information will be disclosed to Ms. Emer Morrissey Deputy Designated Liaison Person and Deputy Principal. If neither are on site staff do not disclose information to any other member of staff instead they must send a message titled URGENT and Mr. McGill responds immediately.

Mandated persons must act in accordance with Child Protection Procedures outlined in the Child Protection Procedures for Primary and Post-Primary Schools 2017 which came about arising from the enactment of the Children First Act 2015.

For more see the Tyndall College Child Protection and Safeguarding Statement.

Outside Agencies

Tyndall College recognises the role and responsibilities it has in relation to students and substance misuse. It also recognises that it needs to work with the wider community in these matters. To this end Tyndall College works with the following (this is not an exhaustive list)

- An Garda Siochana
- The Juvenile Liaison Officer
- Carlow Regional Youth Services CRYS
- Youth At Risk Carlow YARC
- HSE Ardú Substance Misuse Service Carlow
- HSE Primary Care Carlow
- Child and Adolescent Mental Health Services CAMHS
- Tusla Child and Family Agency
- National Educational Psychological Services NEPS

Liaison with the Media

In the interest of confidentiality, no statements should be made to the Media in relation to any issue of drugs/alcohol related incidents in the school or on school related activities.

All requests for information in such instances should be referred to the Principal.



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This policy was adopted by the Board of Management on _____ [date].

Signed: _____
(Chairperson of Board of Management)

Signed: _____
(Principal and Secretary of the Board of Management)

Date: _____

Date: _____

Date of next review: _____



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Appendix 1 Tyndall College Substance use Incident Report

Date	Time	Location
Report		

Signed: _____ Date: _____

Office Use:
 Received By _____ Date: _____



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Appendix 2 Information on substance misuse

It is recognised that the signs and symptoms of substance misuse are difficult to categorise and define.

The effects on an individual may differ.

For more detailed information on this please see The National Drugs and Alcohol Information and Support Site at http://www.drugs.ie/drugs_info/for_parents_carers/signs_symptoms/
Here you will find a list of the major signs and symptoms of a range of different substances.

Staff can access a dedicated Handbook entitled “Understandings Substances and Substance Use. Handbook for Teachers” from <https://www.drugsandalcohol.ie/6003/1/2802-3498.pdf>

Other useful websites include:

<http://www.services.drugs.ie/directory/view/hse-ardu-substance-misuse-service-carlow>

<https://www.hse.ie/eng/services/list/1/lho/carlowkilkenny/mental-health-services/>

<https://www.youthworkireland.ie/who-we-are/our-members/carlow-regional-youth-service>

<https://carlowrys.com/about/>

<https://carlowrys.com/follaine-counselling-service/>

<https://carlowrys.com/the-yarc-project/>

http://www.services.drugs.ie/search/results/search&inclusive_keywords=yes&county_Location-exact=Carlow/

www.spunout.ie

www.askaboutalcohol.ie

www.drugs.ie

www.quit.ie

www.healthpromotion.ie

<http://www.fsn.ie/>

<https://www.barnardos.ie/resources/substance-misuse>

<https://www.drugsandalcohol.ie/>

<https://nwdrugtaskforce.ie/>

www.hse.ie/knowthescore

<https://alcoholireland.ie/>

<https://www.aldp.ie/>



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Appendix 3 Definitions:

1. Substance Abuse: The use, furnishing, or possession of any illegal or non-prescribed narcotic drug, hallucinogen, amphetamine, barbiturate, marijuana, alcohol, solvent or intoxicant of any kind.
2. Use: Ingestion, injection or inhalation of the above substances.
3. Possession: The presence of alcohol or an illicit drug on the person of a student or other member of the school community, in any amount; in or on any item or belonging under the general control or responsibility of the student or other member of the school community (including school lockers); or owned by the student or other member of the school community when such presence of the substance was observed, discovered or otherwise determined.
4. Supply: The sale, transfer, trade or exchange in any manner of substances listed at 1 above by a student or other member of the school community or person external to the school.
5. School Property: All buildings and grounds owned or leased by Kilkenny and Carlow ETB, on any school-related activity or on school busses bringing or taking students to and from school.
6. Prescription medication: Medicines officially prescribed by a licensed physician with clear instructions for a given person.



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Appendix 4 Recommended measures when responding to a suspected substance misuse incident.

Any member of staff can deal with a situation that they find themselves in as best they can. They should use their best judgement and in all cases get help from the Principal/Deputy Principal and or another member of staff.

In the event of an abuse incident or suspected abuse incident, the school will seek to strike a balance between the welfare of the pupil involved and the welfare of the school community as a whole and the reputation of the school. The school recognizes the importance of limiting, as far as is practicable, the number of people involved in investigating a substance abuse incident. However, the school can give no absolute guarantee of confidentiality for the following reasons.

- If a staff member suspects that a student is under the influence of a substance, he/she should send for or contact the Principal/Deputy Principal or another member of staff Acting Assistant Principal to seek their opinion on the issue.
- If there is the potential of risk to the other students, or other members of staff they should be removed from the area as discreetly as possible.
- The use of as many available members of staff as possible to help with the situation is advisable.
- If safe to do so at least 2 members of staff should remain with the student at all times within reason.
- Medical attention should be sought at the earliest possible moment.

In discharging its duty of care, the school may need to make contact and/or disclosures to outside agencies such as An Garda Síochána, and the HSE etc. These contacts should be made by the Principal/Deputy Principal.

The school may need to engage the expertise of an appropriate third party in properly investigating the incident. The school may be duty bound to notify certain persons about an incident/and/or the outcome of an investigation under statute, regulations or Department of Education guidelines.

The duty of teachers and other staff to the school community preclude them from offering total confidentiality to any pupils when they come in contact with an abuse incident or a suspected abuse incident.

At the earliest possible stage, the school will contact parents/guardians of the individuals involved. The school may need to get medical help and involve the Gardai. The school anticipates and expects the full co-operation and active assistance of parents/guardians in facilitating an investigation of an incident of substance abuse.

Any dealings with the media should be by the Principal only.



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