

MONDAY, 21/09

Roast Chicken, Mashed Potato, and Vegetables

Contains: Celery, Milk

Beef Stroganoff with Potato and Vegetables

Contains: Milk, Mustard, Soya, Sulphites (Sodium Sulphite, Sulfur Dioxide)

Sweet Potato Curry with Rice (Vegetarian)

Contains: Celery, Gluten (Wheat), Milk, Sulphites (Sodium Sulphite)

TUESDAY, 22/09

Beef and Rice Burrito

Contains: Gluten (Wheat), Milk, Soya

Chicken and Vegetable Casserole

Contains: Milk, Soya, Sulphites (Sodium Sulphite)

Vegetable and Lentil Stew (Vegetarian)

Contains: Celery, Sulphites (Sodium Sulphite)

WEDNESDAY, 23/09

Breast of Chicken Curry with Rice

Contains: Celery, Gluten (Wheat), Milk

Bangers and Mash with Onion Gravy

Contains: Celery, Gluten (Wheat), Milk, Sulphites (Sodium Sulphite)

Mexican Three-Bean Stew with Rice (Vegetarian)

Contains: Celery, Milk, Sulphites (Sodium Sulphite)

THURSDAY, 24/09

Chilli Con Carne with Rice

Contains: Milk, Soya

Chicken and Broccoli Pasta Bake

Contains: Celery, Gluten (Wheat), Milk

Pumpkin and Lentil Dahl with Rice (Vegetarian)

Contains: Celery, Sulphites (Sodium Sulphite)

FRIDAY, 25/09

Chicken Goujon Baguette

Contains: Gluten (Wheat), Milk